

# Hanover Country Club 2019 Swim Team Practice Schedule

## May 13 – June 7 Monday-Friday at Randolph-Macon College

- 4:15- 4:45 Mini-mites (ages 6 and under)
- 4:45 – 5:30 Mites and Midgets (ages 7 to 10)
- 5:15 – 6:00 Juniors, Intermediates, Seniors (ages 11 and up)

## June 10 through June 13 at HCC

- 4:15- 4:45 Mini-mites (ages 6 and under)
- 4:45 – 5:30 Mites and Midgets (ages 7 to 10)
- 5:15 – 6:00 Juniors, Intermediates, Seniors (ages 11 and up)

## June 17- July 16

		Monday	Tuesday	Wednesday	Thursday	Friday
A.M.	Mini-mites	8:30-9:00	8:30-9:00	9:00-9:30	10 and under <u>9:00 – 9:30</u>	8:30-9:00
	Mites and Midgets	9:00-9:45	9:00-9:45	9:30-10:15	Whole team <u>9:30-10:00</u>	9:00-9:45
	Juniors, Intermediates and Seniors	9:45-10:45	9:45-10:45	10:15-10:45	11 and over 10:00-10:30	9:45-10:45
P.M.	Mini-mites	3:30-4:00	3:30-4:00			
	Mites and Midgets	4:00-4:45	4:00-4:45			
	Juniors, Intermediates and Seniors	4:45-5:30	4:45-5:30			

## Swim Meets and Key Dates - [GRAL Schedule](#)

Meet 1- TBD – Away at Twin Hickory  
 6/19 Wed. Home vs Church Run  
 6/26 Wed. Away at Wyndham

7/3 Wed. Away at Ashland  
 7/10 Wed. Home vs Hungry Creek  
 7/16 Tuesday Home vs Canterbury

TBD - HCC Pool Party 4PM  
 Banquet Poolside Potluck 6PM  
 7/29-7/30 Swim Champs - GRAP